


THE Cambridge Gardens *Lifestyle*



CAMBRIDGE
GARDENS
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY
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AUGUST 2023



Summertime Treats

Some of the Best Summertime Treats are Scrumdiddlyumptious! They can be extremely tasty and delicious. They also may be ooey and gooey, savory and bold; big or small, we love them all. I personally love the treat that is directly above. It checks all of my boxes for a fun August Summertime Scrumdiddlyumptious treat. Some questions that remain are how to approach a treat like this; do you go in full force, do you strategically attack the treat so as not to get so messy? Whichever way you choose to attack your favorite August Summertime treat, the most important thing is to enjoy it.

AUGUST 2023





**Brain Bender:
Stumped by
Snow Cones**

Kristi, Pablo, Jasmine and Rob ordered snow cones at the summer festival. Each friend chose a different flavor—cherry, orange, grape or blue raspberry—and a different number of scoops—two, three, four or five. Use the clues below to find out what kind of snow cone each person had.

- Kristi either had the snow cone with five orange scoops or the one with three grape scoops.
- Pablo was not the person who ordered four blue raspberry scoops.
- Jasmine’s snow cone had one more scoop than Rob’s (which was not the smallest snow cone).
- The grape snow cone was eaten by a boy.

(Answer: Kristi’s snow cone had five orange scoops; Pablo’s snow cone had two cherry scoops; Jasmine’s snow cone had four blue raspberry scoops; Rob’s snow cone had three grape scoops.)

“The winds and the waves are always on the side of the ablest navigators.”
—Edward Gibbon

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Resident Council 1 9:00 Morning Exercise 10:00 Anthony Leonard Interactive Musical Performance 11:00 Outdoor Time or Inside Stroll 1:00 Cross Casino Time with Martha 2:00 Resident Council 3:00 3 O'clock Fun Time 7:00 Relaxation Station	Monthly Birthday Party 2 9:00 Morning Exercise 10:00 Midweek Service 11:00 Outdoor Time or Inside Stroll 1:00 Scrabble with Jane 2:00 Monthly Birthday Party 3:00 3 O'clock Fun Time 7:00 Relaxation Station	3 9:00 Morning Exercise 10:00 Trip Out Thursday 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Thursday Testimonies 3:00 3 O'clock Fun Time 7:00 Relaxation Station	4 9:00 Morning Exercise 10:00 Friday Devotions 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Happy Hour 3:00 3 O'clock Fun Time 7:00 Relaxation Station	5 9:00 Morning Exercise 10:00 Saturday Morning Worship 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 CornHole 3:00 3 O'clock Fun Time 7:00 Relaxation Station
6 9:00 Morning Exercise 10:00 Good Morning Movies 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Afternoon Worship Service 3:00 3 O'clock Fun Time 7:00 Relaxation Station	7 9:00 Morning Exercise 10:00 Bible Study with Jerry Mills 11:00 Outdoor Time or Inside Stroll 1:00 Bingo with Jane 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	8 9:00 Morning Exercise 10:00 Hymn Sing 11:00 Outdoor Time or Inside Stroll 1:00 Parcheesi 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	9 9:00 Morning Exercise 10:00 Catholic Service 11:00 Outdoor Time or Inside Stroll 1:00 Scrabble with Jane 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	10 9:00 Morning Exercise 10:00 Trip Out Thursday 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Thursday Testimonies 3:00 3 O'clock Fun Time 7:00 Relaxation Station	11 9:00 Morning Exercise 10:00 Friday Devotions 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Happy Hour 3:00 3 O'clock Fun Time 7:00 Relaxation Station	12 9:00 Morning Exercise 10:00 Saturday Morning Worship 11:00 Summer Symphony 1:00 Board Games 2:00 CornHole 3:00 3 O'clock Fun Time 7:00 Relaxation Station
13 9:00 Morning Exercise 10:00 Good Morning Movies 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Afternoon Worship Service 3:00 3 O'clock Fun Time 7:00 Relaxation Station	14 9:00 Morning Exercise 10:00 Bible Study with Jerry Mills 11:00 Outdoor Time or Inside Stroll 1:00 Bingo with Jane 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	15 9:00 Morning Exercise 10:00 Hymn Sing 11:00 Outdoor Time or Inside Stroll 1:00 500 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	16 9:00 Morning Exercise 10:00 Midweek Service 11:00 Outdoor Time or Inside Stroll 1:00 Scrabble with Jane 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	17 9:00 Morning Exercise 10:00 Trip Out Thursday 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Thursday Testimonies 3:00 3 O'clock Fun Time 7:00 Relaxation Station	18 9:00 Morning Exercise 10:00 Friday Devotions 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Happy Hour 3:00 3 O'clock Fun Time 7:00 Relaxation Station	19 9:00 Morning Exercise 10:00 Saturday Morning Worship 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 CornHole 3:00 3 O'clock Fun Time 7:00 Relaxation Station
20 9:00 Morning Exercise 10:00 Good Morning Movies 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Afternoon Worship Service 3:00 3 O'clock Fun Time 7:00 Relaxation Station	21 9:00 Morning Exercise 10:00 Bible Study with Jerry Mills 11:00 Outdoor Time or Inside Stroll 1:00 Bingo with Jane 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	22 9:00 Morning Exercise 10:00 Hymn Sing 11:00 Outdoor Time or Inside Stroll 1:00 Go Fish 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	23 9:00 Morning Exercise 10:00 Catholic Service 11:00 Outdoor Time or Inside Stroll 1:00 Scrabble with Jane 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	24 9:00 Morning Exercise 10:00 Trip Out Thursday 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Anthony Leonard Interactive Musical Performance 3:00 3 O'clock Fun Time 7:00 Relaxation Station	25 9:00 Morning Exercise 10:00 Friday Devotions 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Happy Hour 3:00 3 O'clock Fun Time 7:00 Relaxation Station	26 9:00 Morning Exercise 10:00 Saturday Morning Worship 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 CornHole 3:00 3 O'clock Fun Time 7:00 Relaxation Station
27 9:00 Morning Exercise 10:00 Good Morning Movies 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Afternoon Worship Service 3:00 3 O'clock Fun Time 7:00 Relaxation Station	28 9:00 Morning Exercise 10:00 Bible Study with Jerry Mills 11:00 Outdoor Time or Inside Stroll 1:00 Bingo with Jane 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	29 9:00 Morning Exercise 10:00 Hymn Sing 11:00 Outdoor Time or Inside Stroll 1:00 WAR 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	30 9:00 Morning Exercise 10:00 Midweek Service 11:00 Outdoor Time or Inside Stroll 1:00 Scrabble with Jane 2:00 Matinee and Snacks 3:00 3 O'clock Fun Time 7:00 Relaxation Station	31 9:00 Morning Exercise 10:00 Trip Out Thursday 11:00 Outdoor Time or Inside Stroll 1:00 Board Games 2:00 Thursday Testimonies 3:00 3 O'clock Fun Time 7:00 Relaxation Station		

Summer's Symphony

"Listen to nature—to the music of the rustling leaves, the chirping birds, the humming, droning insects. Let them play for you their summer-long symphony of peace and strength and hope." —H. Addington Bruce



Renew and Relax!

Does the thought of moving and the expenses that go along with it make you a little tense? Avoid the headaches and pressure by renewing your lease here with us! We'll make the process as worry-free as possible. All you have to do is drop in and sign. Life is stressful enough—unwind, kick up your feet and enjoy life here at our community.



At the Beach

The combination of sand and surf creates scenic coastlines across the world. Relax, unwind and find out what makes some beaches fascinating and fantastic.

- Beaches became popular destinations during the 1700s. Doctors often prescribed a visit to the seashore to improve a person's health.
- Most beach sand is tan or white in color, but there are beaches with sand that's black, green, pink, purple and red.
- Brazil is home to the world's longest beach, Casino Beach, which stretches 150 miles long.
- You'll find the "shark tooth capital of the world" at Venice Beach in Florida. Every year, hundreds of fossilized teeth from prehistoric sharks wash ashore there.
- At 58 feet high, the world's tallest sandcastle was built on a German beach in 2019.
- Tides have turned California's Glass Beach from trash to treasure. Its shore is covered with polished pebbles of colorful sea glass, made from garbage tossed into the ocean long ago.
- A day at the beach or the spa? You can have both at New Zealand's Hot Water Beach, where the water underneath the beach heats up to 150 degrees. Beachgoers dig holes in the sand to soak in their own hot tubs.
- It's the wildlife that makes some beaches unique. Sea turtles, penguins, flamingos, monkeys and pigs are just some of the animals that roam the shores along with human visitors.

